

Preventive medications

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of your plan's preventive medications by drug category. This is *not* an all-inclusive list. Medications may be added to or removed from the list, depending on different factors, including the intended purpose of the medication and its availability.

Preventive medications are divided by drug category. This list includes both medications that are always prescribed for prevention and medications that are sometimes prescribed for prevention but may also be prescribed for treatment of an existing condition.

Medications on this list that are not covered under your plan are not eligible for the preventive medication program.

Preventive medication list

This list includes both medications used always for prevention and medications used sometimes for prevention and sometimes for treatment.

Drug category	Examples of products
Anticoagulants/ antiplatelets	<ul style="list-style-type: none"> • aspirin/dipyridamole (<i>Aggrenox</i>®) • clopidogrel (<i>Plavix</i>®) • dipyridamole (<i>Persantine</i>®) • prasugrel (<i>Effient</i>™) • ticlopidine (<i>Ticlid</i>®) • warfarin (<i>Coumadin</i>®, <i>Jantoven</i>®)
Antiemetics/ antivertigo agents	<ul style="list-style-type: none"> • aprepitant (<i>Emend</i>®) • dimenhydrinate • dolasetron (<i>Anzemet</i>®) • dronabinol (<i>Marinol</i>®) • granisetron (<i>Kytril</i>®, <i>Sancuso</i>®) • meclizine (<i>Antivert</i>®) • ondansetron (<i>Zofran</i>®, <i>Zofran ODT</i>®) • palonosetron (<i>Aloxi</i>®) • prochlorperazine (<i>Compazine</i>®) • promethazine (<i>Phenergan</i>®) • scopolamine (<i>Transderm Scop</i>®; <i>Scopace</i>®) • trimethobenzamide (<i>Tigan</i>®)
Antiestrogens	<ul style="list-style-type: none"> • anastrozole (<i>Arimidex</i>®) • exemestane (<i>Aromasin</i>®) • letrozole (<i>Femara</i>®) • tamoxifen (<i>Nolvadex</i>®) • raloxifene (<i>Evista</i>®)
Antihypertensives	<ul style="list-style-type: none"> • ACE inhibitors: benazepril (<i>Lotensin</i>®); benazepril-HCTZ (<i>Lotensin HCT</i>®); captopril (<i>Capoten</i>®); captopril-HCTZ (<i>Capozide</i>®); enalapril (<i>Vasotec</i>®); enalapril-HCTZ (<i>Vaseretic</i>®); fosinopril (<i>Monopril</i>®); fosinopril-HCTZ (<i>Monopril-HCT</i>®); lisinopril (<i>Prinivil</i>®, <i>Zestril</i>®); lisinopril-HCTZ (<i>Prinzide</i>®, <i>Zestoretic</i>®); moexipril (<i>Univasc</i>®); moexipril-HCTZ (<i>Uniretic</i>®); perindopril (<i>Aceon</i>®); quinapril (<i>Accupril</i>®); quinapril-HCTZ (<i>Accuretic</i>®); ramipril (<i>Altace</i>®); trandolapril (<i>Mavik</i>®)

Drug category	Examples of products
Antihypertensives (continued)	<ul style="list-style-type: none"> • Angiotensin II receptor blockers: candesartan (<i>Atacand</i>®); candesartan-HCTZ (<i>Atacand HCT</i>®); eprosartan (<i>Teveten</i>®); eprosartan-HCTZ (<i>Teveten HCT</i>®); irbesartan (<i>Avapro</i>®); irbesartan-HCTZ (<i>Avalide</i>®); losartan (<i>Cozaar</i>®); losartan-HCTZ (<i>Hyzaar</i>®); olmesartan (<i>Benicar</i>®); olmesartan-HCTZ (<i>Benicar HCT</i>®); telmisartan (<i>Micardis</i>®); telmisartan-HCTZ (<i>Micardis HCT</i>®); valsartan (<i>Diovan</i>®); valsartan-HCTZ (<i>Diovan HCT</i>®) • Beta-blockers: acebutolol (<i>Sectral</i>®); atenolol (<i>Tenormin</i>®); atenolol-chlorthalidone (<i>Tenoretic</i>®); betaxolol (<i>Kerlone</i>®); bisoprolol (<i>Zebeta</i>®); bisoprolol-HCTZ (<i>Ziac</i>®); labetalol (<i>Normodyne</i>®, <i>Trandate</i>®); metoprolol (<i>Lopressor</i>®, <i>Toprol-XL</i>®); metoprolol-HCTZ (<i>Lopressor HCT</i>®); nadolol (<i>Corgard</i>®); nadolol-bendroflumethiazide (<i>Corzide</i>®); nebivolol (<i>Bystolic</i>™); penbutolol (<i>Levato</i>®); pindolol (<i>Visken</i>®); propranolol (<i>Inderal</i>® LA, <i>InnoPran XL</i>®); timolol; timolol-HCTZ • Calcium channel blockers: amlodipine (<i>Norvasc</i>®); diltiazem (<i>Cardizem</i>®, <i>Cardizem</i>® CD, <i>Cardizem</i>® SR, <i>Cartia XT</i>®, <i>Tiazac</i>®); felodipine (<i>Plendil</i>®); isradipine (<i>DynaCirc</i>®, <i>DynaCirc CR</i>®); nicardipine (<i>Cardene</i>® SR); nifedipine (<i>Adalat</i>®, <i>Adalat</i>® CC, <i>Procardia</i>®, <i>Procardia XL</i>®); nisoldipine (<i>Sular</i>®); verapamil (<i>Calan</i>®, <i>Calan</i>® SR, <i>Covera-HS</i>®, <i>Isoptin SR</i>®, <i>Verelan</i>®, <i>Verelan PM</i>®) • Miscellaneous antihypertensives: aliskiren (<i>Tekturna</i>®); aliskiren-HCTZ (<i>Tekturna HCT</i>®); carvedilol (<i>Coreg</i>®, <i>Coreg CR</i>®); clonidine (<i>Catapres</i>®); clonidine-chlorthalidone (<i>Combipres</i>®, <i>Clorpres</i>®); doxazosin (<i>Cardura</i>®); enalapril-felodipine; hydralazine (<i>Apresoline</i>®); methyldopa (<i>Aldomet</i>®);

Drug category	Examples of products
Antihypertensives (continued)	<p>methyldopa-HCTZ; prazosin (<i>Minipress</i>®); terazosin (<i>Hytrin</i>®); trandolapril-verapamil (<i>Tarka</i>®); amlodipine/benazepril (<i>Lotrel</i>®); amlodipine/valsartan (<i>Exforge</i>®)</p> <ul style="list-style-type: none"> • Thiazide diuretics and related diuretics: amiloride; amiloride-HCTZ; eplerenone (<i>Inspra</i>®); hydrochlorothiazide; indapamide; metolazone (<i>Zaroxolyn</i>®); spironolactone (<i>Aldactone</i>®); spironolactone-HCTZ (<i>Aldactazide</i>®); triamterene (<i>Dyrenium</i>®); triamterene-HCTZ (<i>Dyazide</i>®, <i>Maxzide</i>®)
Anti-infectives	<ul style="list-style-type: none"> • atovaquone (<i>Mepron</i>®) • pentamidine (<i>NebuPent</i>®, <i>Pentam</i>®) • posaconazole (<i>Noxafil</i>®)
Antimalarials	<ul style="list-style-type: none"> • artemether/lumefantrine (<i>Coartem</i>®) • atovaquone/proguanil (<i>Malarone</i>®) • chloroquine (<i>Aralen</i>®) • hydroxychloroquine (<i>Plaquenil</i>®) • mefloquine (<i>Lariam</i>®) • primaquine • pyrimethamine (<i>Daraprim</i>®) • pyrimethamine-sulfadoxine (<i>Fansidar</i>®) • quinine (<i>Qualaquin</i>®)
Anti-ulcer agents	<ul style="list-style-type: none"> • H²-antagonists: cimetidine (<i>Tagamet</i>®); famotidine (<i>Pepcid</i>®); nizatidine (<i>Axid</i>®); ranitidine (<i>Zantac</i>®) • Miscellaneous agents: misoprostol (<i>Cytotec</i>®); sucralfate (<i>Carafate</i>®) • Proton pump inhibitors: dexlansoprazole (<i>Kapidex</i>™); esomeprazole (<i>Nexium</i>®); lansoprazole (<i>Prevacid</i>®); omeprazole (<i>Prilosec</i>®); pantoprazole (<i>Protonix</i>®); rabeprazole (<i>Aciphex</i>®)

Drug category	Examples of products
Antivirals	<ul style="list-style-type: none"> • acyclovir (<i>Zovirax</i>®) • amantadine • famciclovir (<i>Famvir</i>®) • foscarnet (<i>Foscavir</i>®) • ganciclovir (<i>Cytovene</i>®) • oseltamivir (<i>Tamiflu</i>®) • rimantadine (<i>Flumadine</i>®) • valacyclovir (<i>Valtrex</i>®) • valganciclovir (<i>Valcyte</i>®) • zanamivir (<i>Relenza</i>®)
Asthma therapies	<ul style="list-style-type: none"> • montelukast (<i>Singulair</i>®) • zafirlukast (<i>Accolate</i>®) • zileuton (<i>Zyflo CR</i>™)
Bowel evacuant products	<ul style="list-style-type: none"> • polyethylene glycol 3350 combination products (<i>Colyte</i>®, <i>Golytely</i>®, <i>HalfLytely</i>®, <i>Nulytely</i>®, <i>Trilyte</i>®, <i>Moviprep</i>®) • sodium phosphates salts (<i>Visicol</i>®, <i>Osmoprep</i>®)
Calcium replacement products	<ul style="list-style-type: none"> • calcium acetate (<i>PhosLo</i>®) • calcium carbonate • calcium citrate • calcium gluconate
Cancer (adjunctive agents)	<ul style="list-style-type: none"> • amifostine (<i>Ethyl</i>®) • darbepoetin alfa (<i>Aranesp</i>®) • dexrazoxane (<i>Zinecard</i>®, <i>Totect</i>™) • epoetin alfa (<i>Epogen</i>®, <i>Procrit</i>®) • filgrastim (<i>Neupogen</i>®) • leucovorin • mesna (<i>Mesnex</i>®) • pegfilgrastim (<i>Neulasta</i>®) • sargramostim (<i>Leukine</i>®)
Cholesterol-lowering agents	<ul style="list-style-type: none"> • atorvastatin/amlodipine (<i>Caduet</i>®) • cholestyramine (<i>Prevalite</i>®; <i>Questran</i>®; <i>Questran Light</i>) • colesevelam (<i>WelChol</i>®) • colestipol (<i>Colestid</i>®) • ezetimibe (<i>Zetia</i>®) • ezetimibe/simvastatin (<i>Vytorin</i>®) • fenofibrate (<i>Antara</i>®, <i>Fenoglide</i>™, <i>Lipofen</i>®, <i>Lofibra</i>®, <i>TriCor</i>®) • fenofibric acid (<i>TriLipix</i>™)

Drug category	Examples of products
Cholesterol-lowering agents (continued)	<ul style="list-style-type: none"> • gemfibrozil (<i>Lopid</i>®) • HMG-coA reductase inhibitors: atorvastatin (<i>Lipitor</i>®); fluvastatin (<i>Lescol</i>®, <i>Lescol</i>® XL); Lovastatin (<i>Mevacor</i>®, <i>Altoprev</i>®); pitavastatin (<i>Livalo</i>®); pravastatin (<i>Pravachol</i>®); rosuvastatin (<i>Crestor</i>®); simvastatin (<i>Zocor</i>®) • niacin (<i>Niacor</i>®, <i>Niaspan</i>®); niacin/lovastatin (<i>Advicor</i>®); niacin ER/simvastatin (<i>Simcor</i>®) • omega-3-acid ethyl esters (<i>Omacor</i>®)
Contraceptives, non-oral	<ul style="list-style-type: none"> • diaphragms (<i>Ortho-Diaphragm</i>™) • etonogestrel (<i>Implanon</i>™) • injectables (<i>Depo-Provera</i>®, <i>Depo-subQ Provera 104</i>®) • intrauterine device (<i>Mirena</i>®) • intravaginal system (<i>NuvaRing</i>®) • transdermal system (<i>Ortho Evra</i>®)
Contraceptives, oral	<ul style="list-style-type: none"> • <i>Apri</i>® • <i>Eurostep Fe</i>® • <i>Lybrel</i>® • <i>Ortho Tri-Cyclen</i>® • <i>Ortho Tri-Cyclen</i>® Lo • <i>Ovcon</i>® • <i>Seasonale</i>® • <i>TriNessa</i>® • <i>Trivora</i>® • <i>Yasmin</i>® • <i>Seasonique</i>® • <i>YAZ</i>®
Dental aids	<ul style="list-style-type: none"> • minocycline (<i>Arestin</i>®)
Estrogen replacement products	<ul style="list-style-type: none"> • conjugated estrogens (<i>Premarin</i>®) • esterified estrogens/methyltestosterone (<i>Estratest</i>®, <i>Estratest</i>® H.S., <i>Syntest</i>™)

Drug category	Examples of products
Estrogen replacement products (continued)	<ul style="list-style-type: none"> • estradiol (<i>Alora</i>®, <i>Climara</i>®, <i>Estrace</i>®, <i>Estraderm</i>®, <i>Vivelle</i>®) • estradiol gel (<i>Estrogel</i>®, <i>Elestrin</i>™, <i>Divigel</i>®) • estradiol acetate (<i>Femtrace</i>®, <i>Femring</i>®) • estradiol/levonorgestrel (<i>Climara Pro</i>®) • estradiol MTDS (<i>Evamist</i>™) • estradiol/norethindrone (<i>Activella</i>®, <i>CombiPatch</i>®) • estradiol/norgestimate (<i>Ortho-Prefest</i>®) • estrogen/medroxyprogesterone (<i>Premphase</i>®, <i>Prempro</i>™) • ethinyl estradiol/norethindrone (<i>Femhrt</i>®) • synthetic conjugated estrogens, A (<i>Cenestin</i>®) • synthetic conjugated estrogens, B (<i>Enjuvia</i>™)
Fluoride preparations, oral and topical	<ul style="list-style-type: none"> • <i>Cavarest Gel</i>™ • <i>Easygel</i>™ • <i>EtheDent</i>™ • <i>Fluoritab</i>™ • <i>Luride Lozi-Tabs</i>® • <i>Neutragard</i>® • <i>Phos-Flur</i>® • sodium fluoride • <i>Gel-Kam</i>® • <i>PreviDent</i>® Rinse
Gout	<ul style="list-style-type: none"> • allopurinol (<i>Zyloprim</i>®) • febuxostat (<i>Uloric</i>®)
Heparin/low molecular weight heparin products	<ul style="list-style-type: none"> • heparin • low-molecular-weight heparin: dalteparin (<i>Fragmin</i>®); enoxaparin (<i>Lovenox</i>®); fondaparinux (<i>Arixtra</i>®); tinzaparin (<i>Innohep</i>®)
Iron replacement agents	<ul style="list-style-type: none"> • <i>Chromagen</i>® • ferumoxytol (<i>Feraheme</i>™) • <i>FoliTab</i>™ • <i>Foltrin</i>™ • <i>Niferex</i>® Forte • <i>Venofer</i>®

Drug category	Examples of products
Magnesium replacement products	<ul style="list-style-type: none"> • magnesium gluconate • magnesium oxide
Miscellaneous agents	<ul style="list-style-type: none"> • isoxsuprine (<i>Vasodilan</i>®) • hepatitis B immune globulin (<i>HepaGam B</i>™)
Osteoporosis	<ul style="list-style-type: none"> • alendronate (<i>Fosamax</i>®); alendronate/cholecalciferol (<i>Fosamax Plus D</i>™) • calcitonin (<i>Fortical</i>®, <i>Miacalcin</i>®) • etidronate (<i>Didronel</i>®) • ibandronate (<i>Boniva</i>®) • raloxifene (<i>Evista</i>®) • risedronate (<i>Actonel</i>®) • zoledronic acid (<i>Reclast</i>®)
Phosphate/potassium replacement products	<ul style="list-style-type: none"> • potassium bicarbonate/citric acid (<i>Effer-K</i>®, <i>K-Lyte</i>®) • potassium chloride (<i>K-Dur</i>®, <i>K-Tab</i>®, <i>Klotrix</i>®, <i>Klor-Con</i>®, <i>Slow-K</i>®) • potassium gluconate • potassium phosphate (<i>Neutra-Phos</i>® K) • potassium and sodium phosphate (<i>K-Phos</i>® Neutral, <i>Neutra-Phos</i>®) • sodium phosphate
Prenatal vitamins	<ul style="list-style-type: none"> • <i>Natachew</i>® • <i>Natafort</i>® • <i>Natelle</i>® • <i>PreCare</i>® • <i>Prenatal Plus</i>®, <i>Prenatal RX</i>™ • <i>PrimaCare</i>® • <i>VitafoI-OB</i>™
Prescription vitamins	<ul style="list-style-type: none"> • multivitamin w/ fluoride • <i>Strovite Advance</i>®, <i>Strovite Plus</i>® • <i>Theragran</i>® • <i>Therobec</i>™, <i>Therobec Plus</i>™

Drug category	Examples of products
Progestins	<ul style="list-style-type: none"> • medroxyprogesterone (<i>Cytrin</i>[®], <i>Depo-Provera</i>[®], <i>Provera</i>[®]) • norethindrone (<i>Aygestin</i>[®]) • progesterone • progesterone, micronized (<i>Crinone</i>[®], <i>Prochieve</i>[®], <i>Prometrium</i>[®])
Renal disease agents	<ul style="list-style-type: none"> • lanthanum (<i>Fosrenol</i>[®]) • sevelamer (<i>Renagel</i>[®]) • sevelamer carbonate (<i>Renvela</i>[®])
Smoking cessation products	<ul style="list-style-type: none"> • bupropion (<i>Zyban</i>[®]) • nicotine products (<i>Nicotrol</i>[®] <i>Inhaler</i>, <i>Nicotrol</i>[®] <i>Nasal Spray</i>) • varenicline (<i>Chantix</i>[™])
Vaccines	<ul style="list-style-type: none"> • diphtheria, pertussis [acellular], tetanus (<i>Adacel</i>[®], <i>Boostrix</i>[®], <i>Infanrix</i>[®], <i>Tripedia</i>[®]), haemophilus influenzae B, inactivated poliovirus vaccine (<i>Pentacel</i>[®]) • diphtheria, pertussis [acellular], inactivated poliovirus vaccine (<i>Kinrix</i>[™]), tetanus, haemophilus influenzae B (<i>TriHIBit</i>[®]) • haemophilus influenzae B (<i>ActHIB</i>[®], <i>HibTITER</i>[®], <i>PedvaxHIB</i>[®]) • hepatitis A (<i>Vaqta</i>[®], <i>Havrix</i>[®]) • hepatitis B (<i>Engerix-B</i>[®], <i>Recombivax HB</i>[®]) • hepatitis B, haemophilus influenzae B (<i>Comvax</i>[®]) • hepatitis B, hepatitis A (<i>Twinrix</i>[®]) • human papillomavirus (<i>Gardasil</i>[®]) • influenza (<i>Fluarix</i>[®], <i>FluMist</i>[®], <i>Fluvirin</i>[®], <i>Fluzone</i>[®], <i>FluLaval</i>[™]) • measles, mumps, and rubella (<i>M-M-R</i>[®] <i>II</i>) • measles, mumps, rubella, and varicella (<i>Pro Quad</i>[®]) • meningococcal diphtheria (<i>Menactra</i>[®]) • pneumococcal (<i>Prevnar</i>[®], <i>Pneumovax 23</i>[®]) • rotavirus (<i>RotaTeq</i>[®], <i>Rotarix</i>[®]) • tetanus • varicella (<i>Varivax</i>[®], <i>Zostavax</i>[®])

Drug category	Examples of products
Vitamin A products	<ul style="list-style-type: none"> • <i>Aquasol A</i>®
Vitamin B products	<ul style="list-style-type: none"> • <i>Calafol</i>® Rx • <i>Folgard RX</i>™ • <i>Foltx</i>®
Vitamin B1 products	<ul style="list-style-type: none"> • thiamine
Vitamin B6 products	<ul style="list-style-type: none"> • pyridoxine
Vitamin B12 products	<ul style="list-style-type: none"> • cyanocobalamin (<i>Nascobal</i>®, <i>CaloMist</i>™) • cyanocobalamin/folic acid (<i>Foltrate</i>®)
Vitamin D products	<ul style="list-style-type: none"> • calcitriol (<i>Rocaltrol</i>®) • ergocalciferol (<i>Drisdol</i>®)
Vitamin K products	<ul style="list-style-type: none"> • phytonadione (<i>Mephyton</i>®)
Vitamins with folic acid	<ul style="list-style-type: none"> • therapeutic vitamins with minerals
Weight loss agents	<ul style="list-style-type: none"> • benzphetamine (<i>Didrex</i>®) • diethylpropion • orlistat (<i>Xenical</i>®) • phendimetrazine (<i>Bontril</i>® PDM, <i>Bontril</i>® Slow-Release, <i>Melfiat</i>®-105, <i>Prelu-2</i>®) • phentermine (<i>Adipex-P</i>®, <i>Ionamin</i>®) • sibutramine (<i>Meridia</i>®)
Zinc replacement products	<ul style="list-style-type: none"> • zinc gluconate • zinc sulfate

Abbreviations: HCTZ = hydrochlorothiazide

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Preventive Drug Lists-1&2 9.09



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