

## Cornell University - Contract College 2009 Health Insurance Rates

| CODE | PLAN   | SERVICE AREA, ADDRESS AND TELEPHONE NUMBER  | BIWEEKLY EMPLOYEE COSTS |        | SEMIMONTHLY EMPLOYEE COSTS |        |
|------|--|---|-------------------------|--------|----------------------------|--------|
|      |  |   | IND.                    | FAM.   | IND.                       | FAM.   |
| 001  | The Empire Plan<br>Empire Blue Cross and Blue Shield<br><br>United HealthCare<br><br>United Health Care/Medco Health Solutions | NYS Service Center, P.O. Box 1407, Church Street Station, NY, NY 10008-1407<br><b>1-877-7NYSHIP</b><br>P.O. Box 1600, Kingston, NY 12402-1600<br><b>1-877-7NYSHIP</b><br>P.O. Box 5900, Kingston, NY 12402-5900<br><b>1-877-7NYSHIP</b>                   | 22.16                   | 97.06  | 24.01                      | 105.15 |
| 210  | Aetna  | 99 Park Ave., New York, NY 10016<br><b>1-800-323-9930</b>   | 97.26                   | 363.03 | 105.37                     | 393.28 |
| 066  | Blue Choice  | 165 Court Street, Rochester, NY 14647 <b>(585) 454-4810 or 1-800-462-0108</b>   | 22.53                   | 106.78 | 24.41                      | 115.68 |
| 280  | Empire BlueCross BlueShield HMO (Upstate)  | 11 Corporate Woods Blvd., P.O. Box 11800, Albany, NY 12211-0800<br><b>1-800-453-0113</b><br>Serving Albany, Clinton, Columbia, Delaware, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties | 60.17                   | 228.20 | 65.18                      | 247.22 |
| 290  | Empire BlueCross BlueShield HMO (Downstate)  | Serving Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk, and Westchester Counties   | 82.62                   | 286.97 | 89.51                      | 310.88 |
| 320  | Empire BlueCross BlueShield HMO (Mid-Hudson)   | Serving Dutchess, Orange, Putnam, Sullivan and Ulster Counties  | 105.69                  | 347.14 | 114.50                     | 376.07 |
| 063  | Capital District PHP (Capital Area)  | 500 Patroon Creek Blvd., Albany, NY 12206-1057<br><b>(518)641-3700 or 1-800-777-2273</b><br>Serving Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties                           | 18.91                   | 93.04  | 20.49                      | 100.79 |
| 300  | Capital District PHP (Central)   | Serving Broome, Chenango, Delaware, Essex, Hamilton, Herkimer, Madison, Oneida, Otsego, and Tioga Counties  | 44.48                   | 173.98 | 48.19                      | 188.48 |
| 310  | Capital District PHP (W. Hudson Valley)  | Serving Dutchess, Orange, and Ulster Counties   | 50.24                   | 188.61 | 54.43                      | 204.33 |
| 067  | Community Blue   | P.O. Box 80, Buffalo, NY 14240<br><b>(716) 887-8840 or 1-877-576-6440</b>   | 38.86                   | 202.20 | 42.10                      | 219.05 |
| 220  | GHI HMO  | P.O. Box 4181, Kingston, NY 12401<br><b>1-877-244-4466</b>  | 42.54                   | 185.78 | 46.09                      | 201.26 |
| 350  | GHI HMO  |   | 59.24                   | 237.02 | 64.18                      | 256.77 |
| 050  | HIP - Health Plan of New York  | 55 Water St., New York, NY 10041<br><b>1-877-861-0175</b>   | 34.92                   | 129.53 | 37.83                      | 140.32 |
| 160  | HMO Blue Excellus BlueCross BlueShield, Utica Region   | Utica Business Park, 12 Rhoads Drive, Utica, NY 13502<br><b>1-800-722-7884</b>  | 31.77                   | 169.93 | 34.42                      | 184.09 |
| 072  | HMO Blue Excellus BlueCross BlueShield, Central New York Region  | P.O. Box 22999, Rochester, NY 14692<br><b>1-800-447-6269</b>  | 66.28                   | 232.48 | 71.80                      | 251.85 |
| 059  | Independent Health   | 511 Farber Lakes Drive, Buffalo, NY 14221<br><b>1-800-501-3439</b>  | 21.26                   | 126.99 | 23.03                      | 137.57 |
| 060  | MVP Health Care (East)   | P.O. Box 2207, 625 State St., Schenectady, NY 12301-2207<br><b>1-800-MVP-MBRS [1-888-687-6277]</b><br>Serving Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties       | 17.68                   | 87.86  | 19.15                      | 95.18  |
| 330  | MVP Health Care (Central)  | Serving Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Otsego, Oswego, and Tioga Counties   | 38.04                   | 161.35 | 41.21                      | 174.80 |
| 340  | MVP Health Care (Mid-Hudson)   | Serving Dutchess, Orange, Putnam, Rockland, Sullivan, and Ulster Counties   | 56.19                   | 209.09 | 60.87                      | 226.51 |
| 360  | MVP Health Plan - North Region   | Serving Franklin and St. Lawrence Counties  | 59.41                   | 217.42 | 64.36                      | 235.54 |
| 058  | Preferred Care   | 220 Alexander St., Rochester, NY 14607<br><b>(585) 325-3113 or 1-800-950-3224</b><br>Serving Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming and Yates Counties  | 17.56                   | 83.20  | 19.02                      | 90.13  |
| 057  | Univera Healthcare   | 205 Park Club Lane, Buffalo, NY 14221-5239 <b>1-800-337-3338</b><br>Serving Catteraugus, Erie, Genesee, Niagara, Orleans, and Wyoming counties  | 92.73                   | 343.26 | 100.46                     | 371.87 |