

Instructions for Accessing the 2010 NYSHIP Choices Booklet

The 2010 Choices Booklet is available at www.cs.state.ny.us

1. Select “Employees’ then State Government Employee”
2. Under Health Insurance & Other Benefits, select “New York State Health Insurance Program (NYSHIP)”
3. Note: First time users will need to select “I am a New York State Active Employee, then “Management Confidential (MC) Legislature and then choose either Empire Plan or HMO
4. Select “Health Benefits & Option Transfer”
5. Rates and Health Plan Choices
6. Select “Choices for 2010 - Settled Groups”