

## Instructions for Accessing the 2009 NYSHIP Choices Booklet

The 2009 Choices Booklet is available at [www.cs.state.ny.us](http://www.cs.state.ny.us)

1. Select “Employees” then “State Government Employee”
2. Under Health Insurance & Other Benefits, select “New York State Health Insurance Program (NYSHIP)”
3. Select “Health Benefits & Option Transfer”
4. Select “Choices 2009”