You are invited to join us for the Cornell Retirees Association's

Annual Fall Luncheon
11:30 a.m. Thursday, November 5, 2015
Ramada Inn, 2310 N. Triphammer Road, Ithaca

Fall seems to be on its way—the leaves are changing color and the days are shorter—signalling time for the annual fall gathering of Cornell retirees and friends. We will meet on November 5, 11:30 a.m., at the Ramada Inn in Ithaca. Dr. Rhoda Meador, Director of the Ithaca College Gerontology Institute, is the featured speaker and will present on the Age-Friendly initiative that she co-founded. In 2015, Tompkins County and the City of Ithaca were welcomed into the AARP Network of Age-Friendly Communities, an initiative of the World Health Organization intended to help municipalities prepare for rapid population aging.

The Tompkins County Office for the Aging is partnering with the Ithaca College Gerontology Institute, Cornell University, local human service organizations and municipalities on the Age Friendly initiative. Tompkins County is home to more than 16,000 people age 60 and over, and that number will increase dramatically over the next two decades. The Age-Friendly Community network includes localities where leadership and residents have committed to making their community a great place to live for people of all ages.

Please sign up early using the reservation form below. Reservation deadline is October 27. Limited seating is available. The meal is served at noon, followed by the presentation at 1:00 p.m. The menu features a choice of:

- Roast Turkey with Country Stuffing, Mashed Potatoes/Gravy, Sweet Peas & Mushrooms
- Gluten-Free Penne Pasta Primavera with Marinara Sauce (vegan and vegetarian option)

- Both meals come with garden salad, rolls/butter, regular/decaf coffee, hot tea, and pumpkin pie or ice cream for dessert.

CRA Luncheon Reservation Form

Name: _____________________________________________ Circle: Turkey or GF Pasta
Guest #1: ___________________________________________ Circle: Turkey or GF Pasta
Guest #2: ___________________________________________ Circle: Turkey or GF Pasta

Please list any special dietary needs/accommodations and a phone number to reach you:
___________________________________________________________________________

Total reservations _____ @ $10.00 each = $ _________ Make check payable to "Cornell University." PLEASE NOTE: There are no refunds for cancellations or no shows.

Mail form and check to: Cornell Retirees Association, P.O. Box 431, Ithaca, NY 14851
Luncheon reservation deadline is October 27. We hope to see you there!